

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024

Rockwell Neighborhood – 3 West

9:30 Morning Greetings 10:30 Morning Mass Morning Coffee Cart 11:00 Balloon Toss 11:30 Self Care Sunday 12:00 Lunch Social 1:30 Life's Workstation 2:00 Sunday at the Movies 3:00 Creative Expression 4:00 Virtual Nature Walk 6:15 Sensory Relaxation	3	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Exercise 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Monday Motivation 2:00 Bakers Workshop 3:00 Sensory Exploration 4:00 Music and Movement 6:15 Meditative Colors.	4	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Drum Circle 11:30 Puzzle Station 12:00 Lunch Social 1:30 Life's Work Train 2:00 Pillow Stories Part 1 (Craft) 3:00 Lip Syncing / Sing Along 4:00 Classic TV Land 6:15 Nature Relaxation	5	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Party 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Spa Hour (Beauty Time) 2:00 Wellness Wednesday 3:00 Ball Toss 4:00 Reminiscing Exploration 6:15 Evening Wind Down	6	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 Cognitive Stimulation 12:00 Lunch Social 1:30 Life's Workstation 2:00 Bakers Workshop 3:00 Resident to Resident Visits 1:1s 4:00 Sensory Exploration 6:15 Ocean Front Relaxation	7	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Puzzle Train Station 2:00 Pillow Stories Part 2 (Craft) 3:00 Personalized Sensory Buckets 4:00 Music is Joy 6:15 Meditative Colors	8	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Lily's Hobby Shop 2:00 Pot of Gold 3:00 Lip Syncing / Sing Along 4:00 Vintage TV 6:15 Evening Mediation	9	9:30 Morning Greetings 10:30 Morning Mass Morning Coffee Cart 11:00 Balloon Racket Ball 11:30 Self Care Sunday 12:00 Lunch Social 1:30 Life's Workstation 2:00 Meet me at the Movies 3:00 Creative Expression 4:00 Virtual Nature Walk 6:15 Sensory Exploration <small>Ramadan Begins Daylight Saving Time Begins</small>	10	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Exercise Party 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Monday Motivation 2:00 Bakers Workshop 3:00 Sensory Relaxation 4:00 Music Relaxation 6:15 Meditative Therapy	11	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Drum Party 11:30 Puzzle Train Station 12:00 Lunch Social 1:30 Life's Work Train 2:00 Pillow Stories Part 3 (Craft) 3:00 Lip Syncing / Sing Along 4:00 Classic TV 6:15 Nature Relaxation	12	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Relaxation 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Spa Hour (Beauty Time) 2:00 Wellness Wednesday 3:00 Beach Ball Toss 4:00 Reminiscing Exploration 6:15 Evening Wind Down	13	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 Cognitive Sation 12:00 Lunch Social 1:30 Life's Workstation 2:00 Bakers Workshop 3:00 Resident to Resident Visits 1:1s 4:00 Sensory Relaxation 6:15 Ocean Front Relaxation	14	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Puzzle Train 2:00 Plant a Flower Day (Gardening) 3:00 Personalized Sensory Buckets 4:00 Everyone Loves Music 6:15 Meditative Relaxation	15	9:30 Morning Greetings 10:30 Morning Mass Morning Coffee Cart 11:00 Balloon Games 11:30 Self Care Sunday 12:00 Lunch Social 1:30 Life's Workstation 2:00 Sunday Movie Day 3:00 Creative Expression 4:00 Virtual Nature Walk 6:15 Sensory Relaxation Exploration <small>St. Patrick's Day</small>	17	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Party 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Monday Motivation 2:00 Bakers Workshop 3:00 Sensory Train 4:00 Music Therapy 6:15 Meditative Relaxation	18	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Drum for Fun 11:30 Puzzle Train 12:00 Lunch Social 1:30 Life's Work Train 2:00 Springing into Spring (Picnic) 3:00 Lip Syncing / Sing Along 4:00 Vintage TV Land 6:15 Nature Relaxation <small>Spring Begins</small>	19	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Exercise Party 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Spa Hour (Beauty Time) 2:00 Wellness Wednesday 3:00 Throw Ball 4:00 Reminiscing Exploration 6:15 Evening Wind Down	20	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 Cognitive Stimulation Sation 12:00 Lunch Social 1:30 Life's Workstation 2:00 Bakers Workshop 3:00 Resident to Resident Visits 1:1s 4:00 Sensory Excursions 6:15 Ocean Front Relaxation	21	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Puzzle Table 2:00 Campfire Smores (Baking) 3:00 Campfire Stories 4:00 Music Therapy 6:15 Meditative Colors Therapy <small>Purim Begins</small>	22	9:30 Morning Greetings 10:30 Morning Mass Morning Coffee Cart 11:00 Balloon Toss Party 11:30 Self Care Sunday 12:00 Lunch Social 1:30 Life's Workstation 2:00 Movies and Me 3:00 Creative Expression 4:00 Virtual Nature Walk 6:15 Sensory Hope <small>Palm Sunday</small>	24	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Hope 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Monday Motivation 2:00 Bakers Workshop 3:00 Sensory Saton 4:00 Music Memories 6:15 Meditative Colors Therapy	25	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Drum and Drum 11:30 Puzzle Group 12:00 Lunch Social 1:30 Life's Work Train 2:00 Something on a Stick Day 3:00 Lip Syncing / Sing Along 4:00 Vintage TV 6:15 Nature Relaxation	26	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Mindfulness Love 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Spa Hour (Beauty Time) 2:00 Wellness Wednesday 3:00 Ball Games 4:00 Reminiscing Exploration 6:15 Evening Wind Down	27	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 Cognitive Party 12:00 Lunch Social 1:30 Life's Workstation 2:00 Bakers Workshop 3:00 Resident to Resident Visits 1:1s 4:00 Sensory Party 6:15 Ocean Front Relaxation	28	9:30 Morning Greetings 10:00 Morning Mass Morning Coffee Cart 11:00 Ageless Grace 11:30 One-on-One Visits 12:00 Lunch Social 1:30 Puzzle Party 2:00 Personalized Sensory Buckets 3:00 SAINT FRANCIS BOUTIQUE 4:00 Music and Relaxation 6:15 Meditative Colors	29	9:30 Morning Greetings 10:30 Morning Mass Morning Coffee Cart 11:00 Balloon Toss Party 11:30 Self Care Sunday 12:00 Lunch Social 1:30 Life's Workstation 2:00 Alzheimer's Sale Craft 3:00 Lip Syncing / Sing Along 4:00 TV Land 6:15 Evening Wind Down	30	9:30 Morning Greetings 10:30 Morning Mass Morning Coffee Cart 11:00 Balloon Tossing Games 11:30 Self Care Sunday 12:00 Lunch Social 1:30 Life's Workstation 2:00 Unit Easter Egg Hunt 3:00 Creative Expression 4:00 Virtual Nature Walk 6:15 Sensory Bunny <small>Easter Sunday</small>	31	<p>Special Events</p> <p>3/1 My Big Fat Greek Wedding Movie & Popcorn 3/26 Something on a Stick Day</p> <p>3/5 Pillow Stories Part 1 (Craft) 3/29 SAINT FRANCIS BOUTIQUE</p> <p>3/8 Pillow Stories Part 2 (Craft) 3/31 Unit Easter Egg Hunt</p> <p>3/12 Pillow Stories Part 3 (Craft)</p> <p>3/15 Plant a Flower Day (Gardening)</p> <p>3/17 Magic of Irland (Live Entertainment (MDR))</p> <p>3/19 Springing into Spring (Picnic)</p> <p>3/22 Campfire Smores (Baking) & Campfire Stories</p>		<p>Calendar Color Code Key</p> <p>One-to-One Based Activities Basic Activities (TV/Movies/etc.)</p> <p>Mindfulness/ Exercise Based Activities Wellness Health Based Activities</p> <p>Art & Craft Based Activities Special Activities</p> <p>Sensory Based Activities Baking Based Activities</p> <p>Music Based Activities Board Games / Tabletop Game Activities</p> <p>Cognitive Stimulation Based Activities Life Enrichment Assistant Choice</p>	
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ALL ACTIVITIES ARE SUBJECT TO CHANGE TO BETTER MEET THE NEEDS OF OUR RESIDENTS.