



Dear Families and Friends,

It can be hard sometimes to find people who understand the experience of having a friend or loved one with dementia. Having people to talk with can make a huge difference.

St. Francis understands this and has a support group to help. During these groups, participants will have an opportunity to share their thoughts and feelings in a supportive and safe space while connecting with other families who truly empathize. During each session, helpful coping strategies and other resources will be shared by our experienced staff.

Our next meeting will be held via Zoom on January 13<sup>th</sup>, 2022, at 3:00 P.M.

Here is the link to join our discussion:

Join Zoom Meeting

<https://zoom.us/j/98570883661?pwd=TGlwdGhNL1hEMk1FUUljdVIWNkt4dz09>

Meeting ID: 985 7088 3661

Passcode: ipLf4j

If you have any questions please feel free to contact Lauren Gaffney Dementia Program Director at (508) 471-2272 or via email at [lgaffney@saintfrancisrehab.com](mailto:lgaffney@saintfrancisrehab.com)